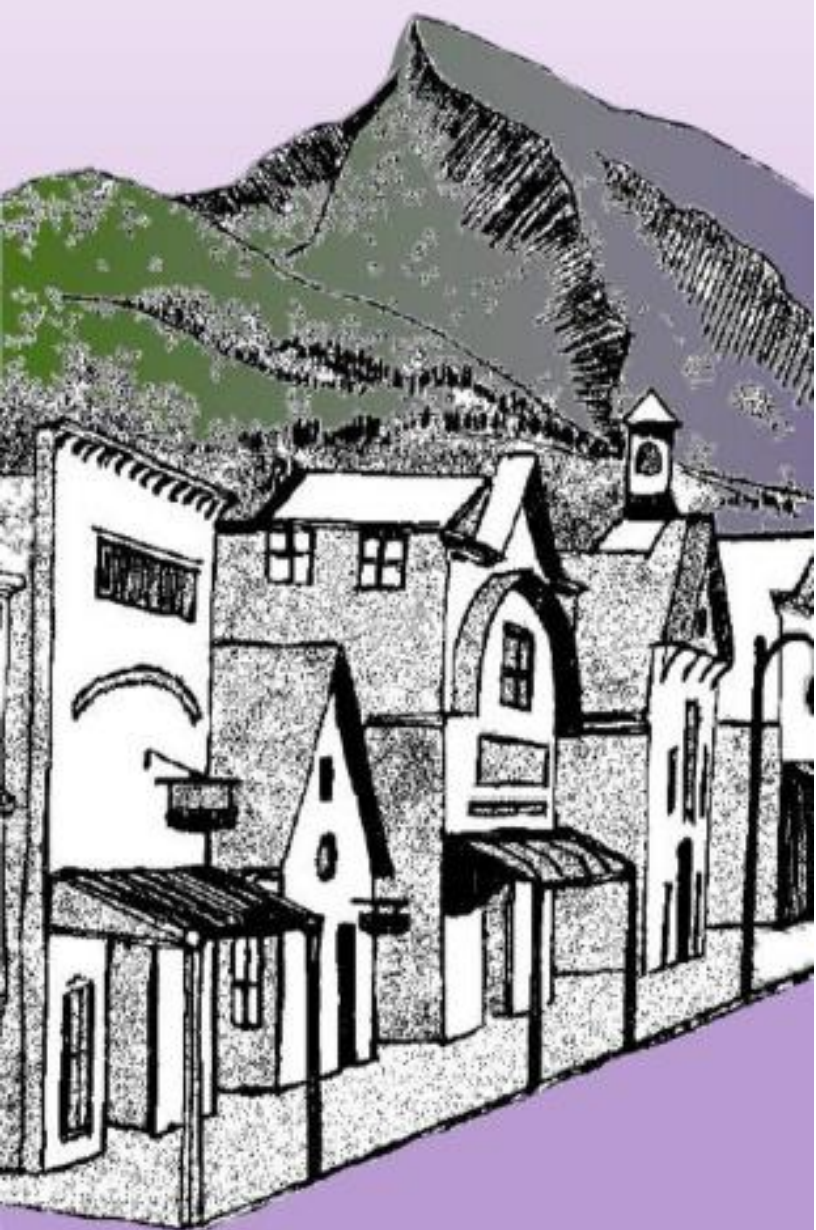


Thirty-Seventh Annual
Crested Butte Mountain
Conference

July 24 - 29, 2022

Conference Program



Crested Butte, Colorado

Welcome
Bienvenidos
Bonjour
Aloha
Shalom

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Regarding meeting and workshop locations...

Many meetings and workshops are held in the three conference rooms located in the Grand Lodge and Resort Hotel, which are:

- Gunnison River Conference Room, 2nd Floor
- Taylor River Conference Room, 4th Floor
- Slate River Conference Room, 5th Floor

Nightly Speaker Meetings (Mon-Fri) will be held in the Mountaineer Conference Center Ballroom.

Other important locations are:

- Butte 66 Restaurant Deck (8am Deck Meeting)
- Plaza Condominiums - Ground Level (Alateen workshops)
- Whetstone Building - Kids/Preteen Activities

A free map of Mount Crested Butte is available at the Conference Check-in and at the Conference Information Desk.

The Hospitality Room will be open 2:00 pm to 6:00 pm on Sunday and 6:30 am to 6:00 pm Monday through Friday in Trackers, Mountaineer Conference Center, 1st Floor

The Information desk will be open daily from 7:30 am to 3:30 pm (Noon on Friday) in the Grand Lodge lobby for general information, lost & found, literature and

SMOKING IS NOT PERMITTED IN THE CONFERENCE AREAS.

2022 Conference Co-Chairs are:
Sabrina B., Richardson, TX & Carollyn G., Garland, TX

SUNDAY, JULY 24

- 2:00-6:00 pm • Hospitality Room Open
Trackers, Mountaineer Conference Center, 1st Floor
- 3:00-5:30 pm • Conference Check-in/
Registration Packet & Badge Pick-up
Ballroom / Mountaineer Conference Center
- 4:00-5:00 pm • Third Step Discussion Meeting (Open)
Gunnison River / Grand Lodge, 2nd Floor
- 5:15-6:45 pm • Welcome to Crested Butte Dinner
Ballroom (Elko and Floresta), Mountaineer
Conference Center
- 7:30-9:00 pm • Crested Butte Open AA/Al-Anon Meeting
Speakers: Matt W., CB (AA) Elizabeth. Gunnison/CB (AA/ALA)
Crested Butte Community School Auditorium
- Following the CB Meeting in School Auditorium
- First-time Conference Attendees Meeting
 - Workshop Leaders Meeting
 - Discussion Leaders Meeting
- 9:30-10:30 pm
- Alateen Meet & Greet
Plaza Conference Room/Plaza Condos, 1st Floor
 - Ala-20's - "What's Next?"
Trackers, Mountaineer Conference Center, 1st Floor
 - Solos-in-Recovery Open Discussion Meeting
Gunnison River / Grand Lodge, 2nd Floor

MONDAY, JULY 25

- 7:15-7:45 am
- Meditation - Slate/Grand Lodge, 5th Floor
- 8:00-9:00 am
- Closed AA Discussion: Steps 1, 2 and 3
Butte 66 Restaurant Deck
(If rain: Taylor River / Grand Lodge, 4th Floor)
 - Al-Anon Discussion: Steps 1, 2 and 3
Slate River / Grand Lodge, 5th Floor
- 9:30-11:00 am
- Conference Registration, Activity/Tournament
Sign-Up & Badge Pick-up
Ballroom/Mountaineer Conference Center
- 10:30-11:30 am
- Open AA Discussion: Doctor's Opinion
Taylor River / Grand Lodge, 4th Floor
 - Closed AA Discussion: Our Dilemma: Lack of Power
Gunnison River / Grand Lodge, 2nd Floor
- 10:30-11:30 am
- Al-Anon Discussion: Changed Attitudes Can Aid
Recovery
Slate River / Grand Lodge, 5th Floor
- 1:00 pm
- Crested Butte Trails: Snodgrass/Teddys Trail hike
(Moderate) (See p. 10 for info on hikes)
- 2:00-3:00 pm
- Closed AA Discussion: Living in the Now
Taylor/Grand Lodge, 4th Floor
 - Al-Anon Discussion: Unity in Relationships
Slate/Grand Lodge, 5th Floor
 - Al-Anon Basics Discussion:
Alcoholism, A Family Disease
Gunnison River / Grand Lodge, 2nd Floor
 - Orientation for Kids (7-9), Preteens (10-12),
and Parents - Camp CB/Whetstone Building

Monday / Tuesday
MONDAY WORKSHOPS

3:15 pm SHARP

- Alateen & Ala-20 Group Photos
Plaza Conference Center

3:30-5:00 pm

- Alateen Workshop
Plaza Conference Center
- Resentments Past, Present & Future
Gunnison River / Grand Lodge, 2nd Floor
- Working 2 Programs: AA and Al-Anon
Slate River / Grand Lodge, 5th Floor
- Emotional Sobriety
Ballroom / Mountaineer Conference Center
- Inventorying Fear and Self-Will
Taylor River / Grand Lodge, 4th Floor

7:30-9:30 pm • Kids' Nightly Activities -
Camp CB / Whetstone Bldg

8:00-9:30 pm

- AA OPEN SPEAKER MEETING
Ballroom/Mountaineer Conference Center
Speaker: Jason J., Oregon City, OR

9:45 pm

- Solo's Night Owl Fellowship & Games
Trackers, Mountaineer Conference Center,
1st Floor (Cost \$5, snacks & beverages)
Pre-registration REQUIRED

10:00-11:00 pm

- Open AA Discussion: Serenity Prayer
Slate River / Grand Lodge, 5th Floor
- Alateen Night Owl Meeting
Plaza Conference Ctr.
- Ala-20's Night Owl Meeting
Taylor River / Grand Lodge, 4th Floor

TUESDAY, JULY 26

7:15-7:45 am

- Meditation - Slate/Grand Lodge, 5th Floor

9:00 am • Bill Wilson Open Golf Tournament

8:00-9:00 am

- Closed AA Discussion: Steps 4 & 5
Butte 66 Restaurant Deck
(If rain: Taylor/Grand Lodge, 4th Floor)
- Al-Anon Discussion: Steps 4 & 5
Slate River / Grand Lodge, 5th Floor

8:15 am • Alateen White Water Rafting (See p. 9)

9:00 am • Upper Loop to Crested Butte hike
(See p. 10 for info on hikes)

10:30-11:30 am

- Closed AA Discussion: Tradition 1- The Bedevilments
Slate River / Grand Lodge, 5th Floor
- Open AA Discussion: Selfishness, Self-Centeredness: The Root of Our Troubles
Taylor/Grand Lodge, 4th Floor
- Al-Anon Discussion: Lack of Control Is Our Dilemma
Gunnison River / Grand Lodge, 2nd Floor

Noon - 1:00 pm

- Solos Weenie Roast & Root Beer Floats (\$10)
Plaza Deck - Preregistration REQUIRED!

2:00-3:00 pm

- Closed AA Discussion: There is a Solution
Gunnison River / Grand Lodge, 2nd Floor
- Al-Anon Discussion: Who Is in Charge?
Slate River / Grand Lodge, 5th Floor
- Al-Anon Basics Discussion: HOW: Honest, Open and Willing
Taylor River / Grand Lodge, 4th Floor

TUESDAY WORKSHOPS

3:30-5:00 pm

- Workshop for Kids (7-9), Preteens (10-12)
Camp CB/Whetstone Building
- Alateen Workshop
Plaza Conference Center
- Overcoming Financial Insecurity
Taylor River / Grand Lodge, 4th Floor
- The Program in the Workplace
Slate River / Grand Lodge, 5th Floor
- Surrender and Acceptance (Step 1)
Gunnison River / Grand Lodge, 2nd Floor
- Boundaries: Worthy of Protecting
Ballroom/Mountaineer Conference Center

7:30-9:30 pm

- Kids' Nightly Activities - Camp CB/Whetstone Building

8:00-9:30 pm

- AA OPEN SPEAKER MEETING
Ballroom/Mountaineer Conference Center
Speaker: Clif G., Oklahoma City, OK

10:00-11:00 pm

- AA Open Discussion - Your Own Conception Of God
Slate River / Grand Lodge, 5th Floor
- Alateen Night Owl Meeting
Plaza Conference Center
- Ala-20's Night Owl Meeting
Taylor River / Grand Lodge, 4th Floor

WEDNESDAY, JULY 27

7:15-7:45 am

- Meditation - Slate/Grand Lodge, 5th Floor

8:00-9:00 am

- Closed AA Discussion: Steps 6 & 7
Butte 66 Restaurant Deck
(If rain: Taylor River / Grand Lodge, 4th Floor)
- Al-Anon Discussion: Steps 6 & 7
Slate/Grand Lodge, 5th Floor

9:30-Noon

- Alateen Silver Queen Ski Lift Meeting (High Meadow)
Topic: God As I Understand Him
(teens on own after meeting)

9:30 am

- High Meadow on the Mountain Hike
(See p. 10 for info on hikes)

10:00 am

- Painter Boy/ Columbine Trails on Mt. Crested Butte
(See p. 10 for info on hikes)

Wednesday

10:30-11:30 am

- Closed AA Discussion: Third Step: Wearing the World Like a Loose Garment
Slate River / Grand Lodge, 5th Floor
- Open AA Discussion: Step 4 Promises
Taylor River / Grand Lodge, 4th Floor
- Al-Anon Discussion: Minding Our Own Business
Gunnison / Grand Lodge, 2nd Floor

2:00-3:00 pm

- Closed AA Discussion: Admitted to God, Myself, and Another Human Being, the Exact Nature of My Wrongs
Gunnison / Grand Lodge, 2nd Floor
- Al-Anon Discussion: Being Willing to Ask for Help
Slate/Grand Lodge, 5th Floor
- Al-Anon Basics: What's a Sponsor for?
Taylor River / Grand Lodge, 4th Floor

WEDNESDAY WORKSHOPS

3:30-5:00 pm

- Workshop for Kids (7-9), Preteens (10-12)
Camp CB/Whetstone Building
- Alateen Workshop
Plaza Conference Center
- Forgiveness God and Me
Gunnison River / Grand Lodge, 2nd Floor
- Sponsorship
Slate River / Grand Lodge, 5th Floor
- Detachment with Love
Ballroom / Mountaineer Conference Center
- Maintaining our Spiritual Condition
Taylor/Grand Lodge, 4th Floor

5:30 - 7:30 pm

- Solos Picnic & Free Concert w/"Couch"
Red Lady Stage, Mt. Crested Butte. Bring your blankets, food and drinks. Look for yellow balloons!!

7:30-9:30 pm

- Kids' Nightly Activities
Camp CB/Whetstone Building

8:00-9:45 pm

- AL-ANON & ALATEEN SPEAKER MEETING
Ballroom/Mountaineer Conference Center
Vincent F., Colorado Springs, CO
Lori G., Oklahoma City, OK

10:15-11:15 pm

- AA Open Discussion-Half Measures Aailed Us Nothing
Slate River / Grand Lodge, 5th Floor
- 10:00 pm Alateen Night Owl Meeting
Plaza Conference Ctr.
- Ala-20's Night Owl Meeting
Taylor / Grand Lodge, 4th Floor

THURSDAY, JULY 28

7:00 am • Dr. Bob's Annual Fishing Tournament departs from Grand Lodge parking at 7:00 a.m. Fishing starts at 8:00 a.m.

7:15-7:45 am

- Meditation - Slate / Grand Lodge, 5th Floor

8:00-9:00 am

- Closed AA Discussion-Steps 8 & 9
Butte 66 Restaurant Deck
(If rain: Taylor / Grand Lodge, 4th Floor)
- Al-Anon Discussion-Steps 8 & 9
Slate / Grand Lodge, 5th Floor

8:30 am

- Lost Lake Loop to Beckwith Pass
(See p. 10 for info on hikes)

9:30 am

- High Meadow on the Mountain Hike
(See p. 10 for info on hikes)

10:00 am

- Historic Walking Tour of Crested Butte
(See p. 10 for info on hikes)

10:30-11:30 am

- Closed AA Discussion: Are You in AA or Just Around AA?
Slate River / Grand Lodge, 5th Floor
- Open AA Discussion: Upon Awakening and When We Retire
Taylor River / Grand Lodge, 4th Floor
- Al-Anon Discussion: Forgiveness Is the Key to Freedom
Gunnison River / Grand Lodge, 2nd Floor

2:00-3:00 pm

- Closed AA Discussion: Cleaning Up the Wreckage of the Past
Gunnison River / Grand Lodge, 2nd Floor
- Al-Anon Discussion: Boundaries: Who Are They For?
Taylor River / Grand Lodge, 4th Floor
- Al-Anon Basics: The Values of Serenity
Slate River / Grand Lodge, 5th Floor

THURSDAY WORKSHOPS

3:30-5:00 pm

- Workshop for Kids (7-9) & Pre-Teens (10-12)
Camp CB, Whetstone Building
- Traditions in Relationships
Taylor River / Grand Lodge, 4th Floor
- Transcending Grief
Ballroom/Mountaineer Conference Center
- Developing a Meditation Program (Step 11)
Slate River / Grand Lodge, 5th Floor
- The Promises: Are They Real?
Gunnison River / Grand Lodge, 2nd Floor

Thursday / Friday

5:15 - 6:45 pm

- Alateen Gratitude Meeting (Family invited)
Plaza Conference Center - Food Sign-Up
w/Sponsors

7:30-10:30 pm

- Kids' Nightly Activities
Camp CB/Whetstone Building

8:00-9:30 pm

- OPEN AA SPEAKER MEETING
Ballroom/Mountaineer Conference Center
Speaker: Ron B., Riverview, FL

9:45-11:00 pm

- Alateen Pizza Party - Plaza Conference Center

10:00-11:00 pm

- AA Open Discussion- Acceptance: It's Happening
Slate River / Grand Lodge, 5th Floor
- Ala-20's Night Owl Meeting
Taylor / Grand Lodge, 4th Floor

FRIDAY, JULY 29

7:15-7:45 am

- Meditation - Slate River / Grand Lodge, 5th Floor

8:00-9:00 am

- Closed AA Discussion: Steps 10, 11 & 12
Butte 66 Restaurant Deck
(If rain: Taylor River / Grand Lodge, 4th Floor)
- Al-Anon Discussion: Steps 10, 11 & 12
Gunnison River / Grand Lodge, 2nd Floor

9:30 am • Butte Scoot 5K Run starts

10:30-11:30 am

- Closed AA Discussion: Sought Through Prayer and
Meditation
Slate River / Grand Lodge, 5th Floor
- Open AA Discussion: The Promises
Taylor River / Grand Lodge, 4th Floor
- Al-Anon Discussion - Living a Full Life
Gunnison River / Grand Lodge, 2nd Floor

1:00-2:00 pm

- Regional Conference Representatives Meeting
Slate River / Grand Lodge, 5th Floor

1:00 pm

- 30th Annual Softball Championship - See p.12

2:00-3:00 pm

- Closed AA Discussion: Taking the Gifts of the
Mountain Home
Slate River / Grand Lodge, 5th Floor
- Al-Anon Discussion: For Fun and For Free
Taylor River / Grand Lodge, 4th Floor
- Al-Anon Basics: Detaching with Love
Gunnison River / Grand Lodge, 2nd Floor

3:30-5:00 pm

- Workshop for Kids (7-9) & Pre-teens (10-12)
Camp CB/Whetstone Building
- The Spiritual Life is Not a Theory
Ballroom/Mountaineer Conference Center
Speaker Panel:
 - Jason J., Oregon City, OR (AA)
 - Clif G., Oklahoma City, OK (AA)
 - Lori G., Oklahoma City, OK (Al-Anon)
 - Ron B., Riverview, FL (AA)
 - Terri K., Woodville, OH (AA)

5:30-6:30 pm

- Open Alateen Speaker Panel
Panel TBD
Taylor River / Grand Lodge, 4th Floor
Open to ALL Conference Attendees!!!

7:30-9:30 pm

- Kids' Nightly Activities
Camp CB/Whetstone Building

8:00-9:30 pm

- OPEN AA SPEAKER MEETING
Ballroom/Mountaineer Conference Center
Speaker: Terri K., Woodville, OH

10:00-11:00 pm

- What This Conference Meant to Me
Closing Conference Candlelight Meeting
Slate River / Grand Lodge, 5th Floor
- Alateen Night Owl Meeting
Plaza Conference Ctr
- Ala-20's Night Owl Meeting -
Taylor River / Grand Lodge, 4th Floor

The Conference ends after the 10:00 pm meeting.
The 2023 conference is July 23-28.

SOLO ACTIVITIES (solos and singles age 18+)

SUNDAY, JULY 24

- Solos in Recovery Open Discussion Meeting
9:30-10:30 pm - Gunnison River / Grand Lodge, 2nd Floor

MONDAY, JULY 25

- Night Owl Fellowship* (Cost \$5, snacks & drinks)
9:45-11:00 pm - Trackers, Mountaineer Conference Center, 1st Floor

TUESDAY, JULY 26

- Weenie Roast w/ Root Beer Floats* (cost \$10)
Noon-1:00 pm - Plaza Deck

WEDNESDAY, JULY 27

- 5:30-7:30 pm-Free Concert w/ "Couch"
Picnic at the Red Lady Stage, Mt. Crested Butte.
Bring your blankets, food and beverages.
Look for yellow balloons!

THURSDAY, JULY 28 • No Event Scheduled

FRIDAY, JULY 29 • No Event Scheduled

*You **MUST** pre-register at Monday Activity Sign-up.
No late registrations accepted.

KIDS ACTIVITIES (5 YEARS TO 14 YEARS)

Camp CB (ages 5 to 14) costs \$66 per day (includes lunch). Programs provide kids an adventure around the mountain with hikes, adventure park access and crafts.

Camp CB is located in the Whetstone Building and is open from 9:00-4:00 Monday thru Saturday. Camp CB counselors will accompany 5-14 year olds on all activities.

***** Campers should bring hiking shoes, water bottle, sunglasses, sun hat, sunscreen, and fleece jacket for all activities.**

Workshops at Camp CB / Whetstone Building (ages 7-12)

3:30-5:00 pm-Costs included in conference registration

The afternoon Kids' Workshops are run by parents/ volunteers assisted by Board Members. When registering you child you are indicating that you will volunteer for one workshop.

Nightly Activities

Camp CB hosts the evening activities for ages 5 to 12 years.

Children are divided by age with each group and have their own activities. The cost is \$45 per child per night. The conference will contribute \$20 to the nightly cost, making your portion \$25 per child per night.

Kids/Preteen Schedule

Monday, July 25

***9:00 am-3:30 pm • Camp CB Whetstone Building**

2:00 pm-3:00 pm

• Parent/Child Orientation Group Photo

NO WORKSHOP

7:30 pm-9:30 pm

• Nightly Activities at Camp CB/Whetstone Bldg

Tuesday, July 26

***9:00 am-3:30 pm • Camp CB/Whetstone Building**

3:30 pm-5:00 pm

• Workshop at Camp CB/Whetstone Building

7:30 pm-9:30 pm

• Nightly Activities at Camp CB/Whetstone Bldg

Wednesday, July 27

***9:00 am-3:30 pm • Camp CB/Whetstone Building**

3:30 pm-5:00 pm

• Workshop at Camp CB/Whetstone Building

7:30 pm-9:30 pm

• Nightly Activities at Camp CB/Whetstone Bldg

Thursday, July 28

***9:00 am-3:30 pm • Camp CB Whetstone Building**

3:30 pm-5:00 pm

• Workshop at Camp CB/Whetstone Building

7:30 pm-9:30 pm

• Nightly Activities at Camp CB/Whetstone Bldg

Friday, July 29

***9:00 am-3:30 pm • Camp CB Whetstone Building**

3:30 pm-5:00 pm

• Workshop at Camp CB/Whetstone Building

7:30 pm-9:30 pm

• Nightly Activities at Camp CB/Whetstone Bldg

*** Indicates Fees in addition to
Conference registration.**

To make a reservation, or for more information please call Camp CB at (970) 349-4706 (4707)

ALATEEN SCHEDULE (13 YEARS TO 19 YEARS)

NOTE: Parent/guardian must sign Conference Permission forms for teen to participate in any activity and must be registered at the conference.

SUNDAY, JULY 28

9:30-10:30 pm

- Alateen Meet and Greet - Plaza Conference Room

MONDAY, JULY 25

9:30 am- 11:00 am

- Pick up Registration Packet and Activities Sign-up
Ballroom/Mountaineer Conference Center

3:30-5:00 pm

- Alateen Workshop - Plaza Conference Room

10:00-11:00 pm

- Night Owl Meeting - Plaza Conference Room

TUESDAY, JULY 26

8:15 am

- White Water Rafting (\$75)
(Meet 30 minutes earlier at designated location.)
Sign up on Monday at Activities Sign-up

3:30-5:00 pm

- Alateen Workshop - Plaza Conference Room

10:00-11:00 pm

- Night Owl Meeting - Plaza Conference Rm

WEDNESDAY, JULY 27

9:30 - Noon

- High Meadow Meeting
Meet at Silver Queen Ski Lift at 9:00 a.m.
Topic: "God as I Understand Him"
Sign up on Monday at Activities Sign-up
(teens on own after the meeting)

3:30-5:00 pm

- Alateen Workshop - Plaza Conference Room

8:00-9:45 pm

- Alateen & Al-Anon Speaker Meeting
Ballroom/Mountaineer Conference Center

10:00-11:00 pm

- Night Owl Meeting - Plaza Conference Center

THURSDAY, JULY 28

5:15-6:45 pm

- Alateen Gratitude Meeting (Family invited)
Plaza Conference Center - Food Sign-Up
w/Sponsors

9:45-11:00 pm

- Alateen Pizza Party
Plaza Conference Center

FRIDAY, JULY 29

9:00 am

- Butte Scoot - See page 12 for details

5:30-6:30 pm

- Open Alateen Speaker Panel
Gunnison River / Grand Lodge, 2nd Floor
Open to ALL Conference Attendees!!!

10:00-11:00 pm

- Night Owl Meeting
Plaza Conference Center

Hikes

NATURE WALKS AND HIKES

(Register for these on Monday at 9:30-11:00 am in the Ballroom of the Mountaineer Conference Center) Bring your own water, snacks, sunscreen & proper hiking equipment.

Monday - Crested Butte Trails: Snodgrass/Teddys Trail - Free (Moderate difficulty)

1:00 pm: Depending on Bus Departure.

Leader: Kay PC. Bus Departs from Bus Stop at Mountaineer. Approximately 4 miles.

Tuesday - Upper Loop to Crested Butte - Free (Long)

9:00 am: Depending on Bus Departure.

Leader: Larisa F. Bus Departs from Bus Stop at Mountaineer Square. Ends in town. No dogs.

Weds. & Thursday - High Meadow on Mountain (Moderate)

9:30 am: Leaders: Judy M. & James S.

Depart from Silver Queen Lift 9:30. **REQUIRES LIFT TICKET**- Buy at Crested Butte Rental & Demo Center. Approx. 2 mile hike from top of lift, steep grade, Climb to peak optional. Meetings held off the main trail to respect other hikers.

Wednesday - Painter Boy/ Columbine Trails on Mt. Crested Butte (Moderate)

10:00 am: Leader: Kay PC.

Meet at Red Lady Lift. Approx. 4 mile mainly downhill hike. **REQUIRES LIFT TICKET** - Buy at Crested Butte Rental & Demo Center.

Thursday - Lost Lake Loop to Beckwith Pass (Expert/Strenuous) 9 mile hike.

8 am: Leader: Kay PC. And Zach H.

Approximately 10 mile hike. Individual approval by guides required. A long hike with some steep grades. Fairly strenuous. Carpool to Lost Lake Campground. Meet at the Grand Lodge 8:30 am. Return by 3:00 pm. Hike will be limited by how many vehicles we have. Bring own water, food, sunscreen and proper hiking equipment. Please let Kay or Zach know if you can help carpool with your vehicle at Activity Sign-up.

Thursday - Historic Walking Tour (Easy - 2 hours)

10:00 am: Leader: Glo Cunningham.

Departs in front of the Crested Butte Mountain Heritage Museum on the corner of 4th and Elk Ave. Want to learn more about the history of our wonderful Town and Valley? Begins with a walk up and back down Elk Avenue discussing historic buildings and development of the CB Community. Minimum: 5 people required. Tickets: \$15 Fee.



ACTIVITIES

(Register for these on Monday at 9:30-11:00 am in the Ballroom of the Mountaineer Conference Center)

TUESDAY, JULY 30

8:15 am • Alateen White Water Rafting Trip (\$75)

FLOAT TRIPS

You must provide your own transportation to Almont.

Scenic class II float trips down the Lower Taylor River. Six-mile float trip from Almont takes 3.5 hours. Fee includes round trip transportation from Almont to river drop off and back. Call Three Rivers Resort in Almont (970-641-1303). \$65 fee for all ages. Each participant must weigh at least 30 pounds.

FLY FISHING TRIPS

You must provide your own transportation to Almont.

Fly fish the Gunnison, Taylor, and other high mountain rivers! Walk/wade trips depart from Three Rivers Resort in Almont at 9 am and 1 pm. Call Three Rivers Resort in Almont (970-641-1303). Walk/Wade trips start at \$350 for half-day and \$425 for full day. Float trips start at \$500 for half-day and \$600 for full day.

WHITE WATER RAFTING

You must provide your own transportation to Almont

Exciting, class III white water trip on the Upper Taylor River! Trip takes approximately 3.5 hours. Call Three Rivers Resort in Almont (970-641-1303). \$75 per person includes transportation to the river, wet-suit, booties, paddle and jacket. Rafters must be at least 12 years old.

WHITE WATER KAYAKING

You must provide your own transportation to Almont.

White water kayaking on inflatable kayaks (all gear included)! Trips take approximately 2.5 hours on easy, class II to class III rapids. Call Three Rivers Resort in Almont at (970) 641-1303. Fees start at \$90 per person.

LURE FISHING TRIPS

You must provide your own transportation to Almont.

Spin fish from a raft on the Gunnison River! Departs daily from Three Rivers Resort in Almont at 4:30 pm. Three hours with rental equipment available. Fishing license is required. Catch and release. Call Three Rivers Resort in Almont (970) 641-1303. Half Day is Available. Full Day: One-Two People \$425; Three People \$500.

YOGA

Thrive Yoga Crested Butte. Conference participants can use code CBMC to save 15% off classes or 3 classes for \$45 at Thrive Yoga CB while they are visiting. Contact Thrive to sign up online www.thriveyogacrestedbutte.com or call (970) 596-6667.

SCENIC CHAIRLIFT RIDES

The Red Lady Express and the Silver Queen High Speed Quad Chairlift operates Tuesday through Saturday, 9:30 am to 2:30 pm. No bikes may uplift on the Silver Queen. The Red Lady Express Quad Chairlift accommodates bikes. Buy tickets at Crested Butte Rental & Demo Center. Single adult rides (Ages 13-64) cost \$34.00, Senior Lift Tickets cost \$33.00. Children aged 5 to 12 cost \$29.00. Children aged 4 and younger ride free with a paying adult (one free ticket per paying adult).

TOURNAMENTS

TUESDAY

BILL WILSON OPEN GOLF TOURNAMENT

9:00 am shotgun start at the Dos Rios Golf Club, Gunnison. Sign up Monday at conference registration. \$105 covers greens' fee, cart, lunch and prizes. Mulligans are available for \$5 each (up to 4).

THURSDAY

DR. BOB'S ANNUAL FISHING TOURNAMENT

Carpool at 7 am from the lot behind the Grand Lodge Hotel. Fishing starts at 8:00 am at Taylor Park Marina. Registration required at the Conference-sponsored events sign-up on Monday. Cost: \$80 for ages 15 and younger and \$90 for ages 16+. Entry fee includes the boat, one-day fishing license, bait, hot fishing tips, all fishing tackle and prizes.

FRIDAY

BUTTE SCOOT

A 5K Fun Run at 9:30 am on Slate River Road, located between town and Mt. Crested Butte. Walk to start line or depart from the parking lot behind the Grand Lodge Hotel & ride the shuttle to the start line. \$20/person entry fee includes T-shirt, refreshments, and prizes. Register at Activity Sign-Up on Monday morning at the Mountaineer Conference Center or at the starting line on Friday.

ANNUAL SOFTBALL CHAMPIONSHIP

The Texas Twelfth-Steppers vs. Silkworth Sox meet at 1:00 pm at Gothic Field (downtown Crested Butte). Bring softball mitts + spares. Shuttle to Gas Cafe / Teocalli Stop and walk to Gothic Field on corner of 6th and Gothic. Register on Monday morning at the Mountaineer Conference Center. Colorado softball rules will be used. FREE! Hat will be passed to cover cost of umpires.

Please note: All conference-sponsored activities require cash or check. Thank you.

The Spiritual Life is not a Theory.
We have to Live it.



ALCOHOLICS ANONYMOUS PREAMBLE

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions.

A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

AL-ANON PREAMBLE

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization or institution; does not engage in any controversy, neither endorses nor opposes any cause. There are no dues for membership, Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

Visit the
Crested Butte Conference
website!

www.cbconference.org