

Thirty-Fourth Annual
Crested Butte Mountain
Conference
July 23 - July 28, 2017
Conference Program



Crested Butte, Colorado

The Spiritual Life is not a Theory.
We have to Live it.



ALCOHOLICS ANONYMOUS PREAMBLE

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions.

A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

AL-ANON PREAMBLE

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization or institution; does not engage in any controversy, neither endorses nor opposes any cause. There are no dues for membership, Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

Visit the
Crested Butte Conference
web site!
www.cbconference.org



Welcome
 Bienvenidos
 Bonjour
 Aloha
 Shalom

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Meeting and workshop locations...

Many meetings and workshops are held in the four conference rooms located in the Grand Lodge Resort Hotel:

- Gunnison River Conference Room, 2nd floor
- Crystal River Conference Room, 3rd floor
- Taylor River Conference Room, 4th floor
- Slate River Conference Room, 5th floor

Nightly Speaker Meetings (Mon-Fri) will be held in the Mountaineer Conference Center Ballroom.

Other important locations are:

- Butte 66 Restaurant Deck (8am Deck Meeting)
- Plaza Condominiums - Ground Level (Alateen workshops)
- Whetstone Building - Kids/Preteen Activities

A free map of Mount Crested Butte is available at the Conference Check-in and at the Conference Information Desk.

The Hospitality Room will be open 2:00 pm to 6:00 pm on Sunday and 6:30 am to 6:00 pm Monday through Friday in the Woodstone Grill Alcove located on the first floor of the Grand Lodge.

The Information desk is open daily from 7:30 am to 3:30 pm (Noon on Friday) in the Grand Lodge lobby for general information, lost & found, literature and message board.

SMOKING IS NOT PERMITTED IN THE CONFERENCE AREAS.

2017 Conference Co-Chairs:
 Jerry D. (AA) & Lori C. (Al-Anon)

SUNDAY, JULY 23

- 2:00-6:00 pm • Hospitality Room Open
Woodstone Grill Alcove, Grand Lodge, 1st floor
- 3:00-5:30 pm • Conference Check-in/Registration
Packet and Badge Pick-up
Ballroom/Mountaineer Conference Center
- 4:00-5:00 pm • Third Step Discussion Meeting (Open)
Crystal/Grand Lodge, 3rd floor
Chair: Frances R., Taylorsville, UT, Al-Anon
- 7:30-9:00 pm
- Crested Butte Open AA/Al-Anon Meeting at Crested Butte High School Auditorium
Chair: Tony B., Crested Butte, CO
Speaker: Erin B., Crested Butte, CO
Speaker: Scott H., Crested Butte, CO
- 9:30-10:30 pm
- First-time Conference Attendees Meeting
Crystal/Grand Lodge, 3rd floor
Co-Chairs: Jerry D., Denton, TX
Lori C., Denton, TX
 - Alateen Meet & Greet
Plaza Conference Room/Plaza Condos, 1st Floor
Co-Chairs: Matt F., Lancaster, TX
Deborah S. K., Denton, TX
 - Workshop Leaders Meeting
Slate/Grand Lodge, 5th floor
Chair: John McG., Dallas, TX
Kaye G., Dallas, TX
 - Discussion Leaders Meeting
Woodstone Grill Alcove/Grand Lodge, 1st floor
Co-Chairs: (AA) John R., Dallas, TX
(Al-Anon) Hilary K., Dallas, TX
 - Solos-in-Recovery Open Discussion Meeting
Taylor/Grand Lodge, 4th floor
Chair: Allen W., Oklahoma City, OK

MONDAY, JULY 24

- 7:15-7:45 am
- Meditation - Crystal/Grand Lodge, 3rd floor
- 8:00-9:00 am
- Closed AA Discussion: Steps 1, 2 and 3
Butte 66 Restaurant Deck
(If rain: Taylor/Grand Lodge, 4th floor)
Chair: Chris B., Houston, TX
 - Al-Anon Discussion: Steps 1, 2 and 3
Slate/Grand Lodge, 5th floor
Chair: Sharon H., Austin, TX
- 9:30-11:00 am
- Conference Registration, Activity/Tournament Sign-Up & Badge Pick-up
Ballroom/Mountaineer Conference Center
- 10:30-11:30 am
- Open AA Discussion: 9th Step Promises
Taylor/Grand Lodge, 4th floor
Chair: PJ, Celina, TX
 - Closed AA Discussion: We Are Not a Glum Lot
Crystal/Grand Lodge, 3rd floor
Chair: Diana T., Albuquerque, NM
 - Al-Anon Discussion: Laughter, Humor & Fun in Recovery
Slate/Grand Lodge, 5th floor
Chair: Tom R., Dallas, TX

Monday

12:00 pm • Wildflower Hike Crested Butte Mountain

12:30 pm • Westside Trail hike

(See p. 11 for info on hikes)

2:00-3:00 pm

- Closed AA Discussion: Staying in the Solution
Taylor/Grand Lodge, 4th floor
Chair: Allen W., Oklahoma City, OK
- Al-Anon Discussion: Traditions 1, 2 & 3 - Unity, Love & Acceptance
Slate/Grand Lodge, 5th floor
Chair: Evelyn T., Dallas, TX
- Al-Anon Basics Discussion: Asking For Help
Crystal/Grand Lodge, 3rd floor
Chair: Kay S., Irving, TX
- Orientation for Kids (7-9), Preteens (10-12), and Parents - Camp CB/Whetstone Building

MONDAY WORKSHOPS

3:30-5:00 pm

- Alateen Workshop
Plaza Conference Center
GROUP PHOTO! (Meet at 3:15)
- Emotional Sobriety
Ballroom/Mountaineer Conference Center
Lisa C., Dallas, TX, AA
John L., Allen, TX, A/A
- Traditions in Relationships
Gunnison/Grand Lodge, 2nd floor
Mike L., Louisville, KY, AA
Jessica V., Louisville, KY, Al-Anon
- Overcoming Fear of Financial Insecurity
Crystal/Grand Lodge, 3rd floor
Carolyn G., Garland, TX, Al-Anon
Tom L., Corpus Christi, TX, AA
- Coming to Believe
Taylor/Grand Lodge, 4th floor
Ellen C., Addison, TX, Al-Anon
Flo G., Phoenix, AZ, AA
- From Unmanageability to Awareness
Slate/Grand Lodge, 5th floor
Anne G., Houston, TX, Al-Anon
Richard G., Houston, TX, AA

7:30-10:30 pm

- Kids' Nightly Activities - Camp CB/Whetstone Bldg

8:00-9:30 pm

- **SPEAKER MEETING**
Ballroom/Mountaineer Conference Center
Speaker: Harold L., Taylor, MO AA
Chair: Steve G., Frisco, TX, AA

9:45 pm

- Solo's Night Owl Fellowship & Games
Woodstone Grill Alcove/Grand Lodge, 1st floor
(Cost \$5, snacks & beverages)
Pre-registration REQUIRED

10:00-11:00 pm

- Open AA Discussion: RULE 62
Taylor/Grand Lodge, 4th floor
Chair: Karen H., San Antonio, TX
- Alateen Night Owl Meeting
Plaza Conference Center

TUESDAY, JULY 25

7:15-7:45 am

- Meditation - Crystal/Grand Lodge, 3rd floor

8:00 am • Bill Wilson Open Golf Tournament

8:00-9:00 am

- Closed AA Discussion: Steps 4 & 5
Butte 66 Restaurant Deck
(If rain: Taylor/Grand Lodge, 4th floor)
Chair: Cary B., Leander, TX
- Al-Anon Discussion: Steps 4 & 5
Slate/Grand Lodge, 5th floor
Chair: Sue R., Houston, TX

8:15 am • Alateen White Water Rafting (See p. 10)

9:00 am • Upper Loop to Crested Butte hike

9:30 am • High Meadow on the Mountain hike

10:00 am • Wildflower Hike Crested Butte Mountain
(See p. 11 for info on hikes)

10:30-11:30 am

- Closed AA Discussion: Tradition 1 -
Our Common Welfare
Crystal/Grand Lodge, 3rd floor
Chair: Joseph T., Albuquerque, NM
- Open AA Discussion: Focusing on the Newcomer
Taylor/Grand Lodge, 4th floor
Chair: Alexandra T., Meridian, TX
- Al-Anon Discussion: Service Work
Slate/Grand Lodge, 5th floor
Chair: Mary B., Oklahoma City, OK

12:00-1:00 pm • Solos Weenie Roast & Root Beer Floats-\$7
Plaza Deck - Preregistration REQUIRED!

2:00-3:00 pm

- Closed AA Discussion: Keep It Simple
Taylor/Grand Lodge, 4th floor
Chair: Barry M., Prosper, TX
- Al-Anon Discussion: Traditions 4, 5 & 6 - Autonomy,
Purpose & Spiritual Aim
Slate/Grand Lodge, 5th floor
Chair: Kaye G., Dallas, TX
- Al-Anon Basics Discussion: Just For Today
Crystal/Grand Lodge, 3rd floor
Chair: "Fai" Ghislain F., Houston, TX

TUESDAY WORKSHOPS

3:30-5:00 pm

- Workshop for Kids (7-9), Preteens (10-12)
Camp CB/Whetstone Building
- Alateen Workshop
Plaza Conference Center
- Transcending Grief
Ballroom/Mountaineer Conference Center
Anna H., Houston, TX, Al-Anon
Zach H., Houston, TX, AA
- Letting Go of Resentments
Gunnison/Grand Lodge, 2nd floor
Lisa O., Dallas, TX, Al-Anon
John M., Austin, TX, AA
- Working 2 Programs - AA and Al-Anon
Crystal/Grand Lodge, 3rd floor
Stephen G., Dubuque, IA, A/A
Pat T., San Antonio, TX, A/A
- Willingness and Humility
Taylor/Grand Lodge, 4th floor
Cathy W., San Antonio, TX, AA
Ann Marie O., Coppell, TX, Al-Anon

3:30-5:00 pm (Workshops continued)

- Developing a Meditation Program
Slate/Grand Lodge, 5th floor
Bill T., San Antonio, TX, AA
Scott T., Austin, TX, A/A

7:30-10:30 pm

- Kids' Nightly Activities - Camp CB/Whetstone Building

8:00-9:30 pm

- SPEAKER MEETING
Ballroom/Mountaineer Conference Center
Speaker: Erica C., Denver, CO AA
Chair: Sandra S., Austin, TX, AA

10:00-11:00 pm

- Open AA Discussion: The Serenity Prayer
Taylor/Grand Lodge, 4th floor
Chair: Jack V., Plano, TX
- Alateen Night Owl Meeting - Plaza Conference Center

WEDNESDAY, JULY 26

7:15-7:45 am • Meditation-Crystal/Grand Lodge, 3rd flr

8:00-9:00 am

- Closed AA Discussion: Steps 6 & 7
Butte 66 Restaurant Deck
(If rain: Taylor/Grand Lodge, 4th floor)
Chair: Margaret M., Dallas, TX
- Al-Anon Discussion: Steps 6 & 7
Slate/Grand Lodge, 5th floor
Chair: Renee B., Hunstville, AL

9:00 am • Wilson Cup Tennis Tournament

9:00 am • Oh Be Joyful Falls hike

9:30 am • High Meadow on the Mountain hike
(See p. 11 for info on hikes)

9:30-Noon

- Alateen Silver Queen Ski Lift Meeting (High Meadow) Topic: God As I Understand Him (teens on own after meeting) (See p. 10)

10:30-11:30 am

- Closed AA Discussion: Challenges in Recovery
Crystal/Grand Lodge, 3rd floor
Chair: Nikki J., Newport Beach, CA
- Open AA Discussion: The First Five Years
Taylor/Grand Lodge, 4th floor
Chair: Larry B., Pottsboro, TX
- Al-Anon Discussion: Forgiveness & Compassion
Slate/Grand Lodge, 5th floor
Chair: Ron B., Prescott, AZ

2:00-3:00 pm

- Closed AA Discussion: Making Amends
Taylor/Grand Lodge, 4th floor
Chair: Will A., Dallas, TX
- Al-Anon Discussion: Traditions 7, 8 & 9 - Self-Supporting, Fellowship of Equals & Responsibility
Slate/Grand Lodge, 5th floor
Chair: Virginia S., Houston, TX
- Al-Anon Basics Discussion: Sponsorship
Crystal/Grand Lodge, 3rd floor
Chair: Nida T., Frisco, TX

WEDNESDAY WORKSHOPS

3:30-5:00 pm

- Workshop for Kids (7-9), Preteens (10-12)
Camp CB/Whetstone Building

3:30-5:00 pm

- Alateen Workshop - Plaza Conference Center
- We Absolutely Insist on Enjoying Life
Ballroom/Mountaineer Conference Center
Sue H., Lawton, OK, Al-Anon
Alan H., Lawton, OK, AA
- I'm So In Control, I'm Out of Control
Gunnison/Grand Lodge, 2nd floor
Debbie B., Crested Butte, CO, Al-Anon
Paula V., Dallas, TX, AA
- What Dead Horse Are You Riding?
Crystal/Grand Lodge, 3rd floor
Lisa W., Austin, TX, AA
Harris S., Austin, TX, A/A
- We Ceased Fighting Anything
Taylor/Grand Lodge, 4th floor
Larry B., Crested Butte, CO, A/A
Larry V., Dallas, TX, AA
- Forgiveness
Slate/Grand Lodge, 5th floor
Mary Lou L., Tucson, AZ, Al-Anon
Wes P., Austin, TX, AA

5:30-7:30 pm

- Solos Picnic and Free Concert w/ "Super Doppler"
Red Lady Stage, Mt. Crested Butte. Bring blankets,
food and drinks. Look for yellow balloons!!

7:30-10:30 pm

- Kids' Nightly Activities - Camp CB/Whetstone Building

8:00-9:30 pm

- **SPEAKER MEETING**
Ballroom/Mountaineer Conference Center
Speaker: Tristan L., Addison, TX, Alateen
Speaker: Larcine G., Hawthorne, CA, Al-Anon
Chair: Gwen H., Dallas, TX, Al-Anon

10:00-11:00 pm

- Open AA Discussion: Resentment-No. 1 Offender
Taylor/Grand Lodge, 4th floor
Chair: Mark S., Oklahoma City, OK
- Alateen Night Owl Meeting - Plaza Conference Center

THURSDAY, JULY 27

7:00 am • Dr. Bob's Annual Fishing Tournament departs,
Fishing starts at 8:00 a.m.

7:15-7:45 am

- Meditation - Crystal/Grand Lodge, 3rd floor

8:30 am

- Splains Gulch / Lily Lake hike
(See p. 11 for info on hikes)

8:00-9:00 am

- Closed AA Discussion-Steps 8 & 9
Butte 66 Restaurant Deck
(If rain: Taylor/Grand Lodge, 4th floor)
Chair: Ruth B., Prescott, AZ
- Al-Anon Discussion-Steps 8 & 9
Slate/Grand Lodge, 5th floor
Chair: John O., Santa Fe, NM

10:00 am

- Alateen Canopy Zip-Line Tour (See p. 11)

10:30-11:30 am

- Closed AA Discussion: Your Own Conception of God
Crystal/Grand Lodge, 3rd floor
Chair: Wayne H., Celina, TX

10:30-11:30 am

- Al-Anon Discussion: Moments & Milestones: Celebrating Progress
Slate/Grand Lodge, 5th floor
Chair: Ann S., Palmer Lake, CO
- Open AA Discussion: Embracing Agnostics
Taylor/Grand Lodge, 4th floor
Chair: Jessica M., Newport Beach, CA

2:00-3:00 pm

- Closed AA Discussion: To 12 Step or Not To 12 Step
Taylor/Grand Lodge, 4th floor
Chair: Chet H., Garland, TX
- Al-Anon Discussion: Traditions 10, 11 & 12 - Open-mindedness, Attraction & Anonymity
Slate/Grand Lodge, 5th floor
Chair: Nancy H., Plano, TX
- Al-Anon Basics: Setting Boundaries-Respecting Yourself
Crystal/Grand Lodge, 3rd floor
Chair: Jude C., Austin, CO

THURSDAY WORKSHOPS

3:30-5:00 pm

- Workshop for Kids (7-9) & Pre-Teens (10-12)
Camp CB/Whetstone Building
- Acceptance is the Answer (BB 4th Ed. p. 417)
Ballroom/Mountaineer Conference Center
Kendall S., Austin, TX, AA
Marsha R., Baton Rouge, LA, Al-Anon
- A Simple Kit of Spiritual Tools
Gunnison/Grand Lodge, 2nd floor
Read G., Dallas, TX, AA
Steve G., Dallas, TX, Al-Anon
- Daily Reprieve
Crystal/Grand Lodge, 3rd floor
Bradley C., The Woodlands, TX, AA
Janet C., The Woodlands, TX, Al-Anon
- The Miracle of Family Recovery
Taylor/Grand Lodge, 4th Floor
James B., Austin, TX, Al-Anon
Judy M., Austin, TX, AA
- A Program of Infinite Growth
Slate/Grand Lodge, 5th floor
Dan W., Austin, TX, AA
Phyllis W., Austin, TX, Al-Anon

5:15 - 6:45 pm

- Alateen Gratitude Meeting (family invited)
Plaza Conference Center - Food Provided

7:30-10:30 pm

- Kids' Nightly Activities-Camp CB/Whetstone Bldg

8:00-9:30 pm

- **SPEAKER MEETING**
Ballroom/Mountaineer Conference Center
Speaker: Don C., Colorado Springs, CO, AA
Chair: Flo G., Phoenix, AZ, AA

9:45-11:00 pm

- Alateen Pizza Party - Plaza Conference Center

10:00-11:00 pm

- Open AA Discussion: St. Francis Prayer
Taylor/Grand Lodge, 4th floor
Chair: Scott R., Dallas, TX

FRIDAY, July 28

7:15-7:45 am

- Meditation - Crystal/Grand Lodge, 3rd floor

8:00-9:00 am

- Closed AA Discussion: Steps 10, 11 & 12
Butte 66 Restaurant Deck
(If rain: Taylor/Grand Lodge, 4th floor)
Chair: John R., Dallas, TX
- Al-Anon Discussion: Steps 10, 11 & 12
Slate/Grand Lodge, 5th floor
Chair: Jim L., Steamboat Springs, CO

9:30 am

- Butte Scoot 5K Run starts

10:00 am

- Alateen Canopy Zip-Line Tour (See p. 11)

10:30-11:30 am

- Closed AA Discussion: Describe Your Miracle
Crystal/Grand Lodge, 3rd floor
Chair: Berry L., Steamboat Springs, CO
- Open AA Discussion: Be Open For Miracles
Taylor/Grand Lodge, 4th floor
Chair: Susan P., Austin, TX
- Al-Anon Discussion - Authenticity
Slate/Grand Lodge, 5th floor
Chair: Jeanne F., Livingston, TX

1:00-2:00 pm

- Regional Conference Representatives Meeting
Gunnison/Grand Lodge, 2nd floor

2:00 pm

- 30th Annual Softball Championship - See p.13

2:00-3:00 pm

- Closed AA Discussion: Sobriety Loses Its Priority (SLIP)
Taylor/Grand Lodge, 4th floor
Chair: Laura B., Dallas, TX
- Al-Anon Discussion: What Step Helps Me the Most
Slate/Grand Lodge, 5th floor
Chair: Dickie W., Cedar Hill, TX
- Al-Anon Basics: Letting Go-Allowing Others the Dignity of their Own Experience
Crystal/Grand Lodge, 3rd floor
Chair: Karen H., San Antonio, TX

FRIDAY WORKSHOPS

3:30-5:00 pm

- Workshop for Kids (7-9) & Pre-teens (10-12)
Camp CB/Whetstone Building
- The Spiritual Life is Not a Theory
Ballroom/Mountaineer Conference Center
Ellen C., Al-Anon (Moderator)
Don C., Colorado Springs, CO, AA
Erica C., Denver, CO, AA
Larcine G., Hawthorne, CA, Al-Anon
Harold L., Taylor, MO, AA
Sheldon F., Las Vegas, NV, AA

5:30-6:15 pm

- Open Alateen Speaker Meeting
Plaza Conference Center
Open to All Conference Attendees!

7:30-10:30 pm

- Kids' Nightly Activities - Camp CB/Whetstone Building

8:00-9:30 pm

- **SPEAKER MEETING**
Ballroom/Mountaineer Conference Center
Speaker: Sheldon F., Las Vegas, NV, AA
Chair: Larry B., Crested Butte, CO, AA

10:00-11:00 pm

- **What This Conference Meant to Me**
Closing Conference Candlelight Meeting
Taylor/Grand Lodge, 4th floor
Tim K., Al-Anon, & Renee K., A/A, Plano, TX
- **Alateen Night Owl Meeting**
Plaza Conference Center

The Conference ends after the 10 pm meeting.
The 2018 conference is July 22-27.

SOLO ACTIVITIES (solos and singles age 18+)

SUNDAY, JULY 23

- Solos in Recovery Open Discussion Meeting
9:30-10:30 pm - Taylor/Grand Lodge, 4th Floor

MONDAY, JULY 24

- Night Owl Fellowship* (Cost \$5, snacks & drinks)
9:45-11:00 pm - Woodstone Grill Alcove/Grand Lodge, 1st Floor

TUESDAY, JULY 25

- Weenie Roast w/ Root Beer Floats* (cost \$7)
Noon-1:00 pm - Plaza Deck

WEDNESDAY, JULY 26

- 5:30 to 7:30 pm - Free Concert w/ "Super Doppler"
Picnic at the Red Lady Stage, Mt. Crested Butte.
Bring blankets, food and beverages.
Look for yellow balloons!

THURSDAY, JULY 27 • No Event Scheduled

FRIDAY, JULY 28 • No Event Scheduled

*You **MUST** pre-register at Monday Activity Sign-up.
No late registrations accepted.

INFANTS' AND TODDLERS' ACTIVITIES (2 MONTHS TO 3 YEARS)

Nursery at Camp CB is \$21 a day & includes toddler lunch. Infant (2 to 36 months) Program offers a 2:1 infant to attendant ratio and 5:1 toddler to attendant ratio. Program includes organized activities, outside play and quiet time. Nursery is in Camp CB/Whetstone Building and is open 9:00-4:00 Monday thru Saturday.

**Parents must provide: At least 6 diapers, wipes, a change of clothing, comfort item (blanket, pacifier, pillow, special toy, etc.), and a copy of the child's immunization record.

For Infants: provide the above, plus bottles, food, milk/formula. Immunization records can be faxed to 970-349-4173 before arrival.

KIDS ACTIVITIES (3 YEARS TO 14 YEARS)

Mini Camp (ages 3 to 4) & Camp CB (ages 5 to 14) costs \$61 per day (includes lunch). Programs provide kids an adventure around the mountain with chair lift rides, hikes, adventure park access and crafts.

Camp CB is located in the Whetstone Building and is open from 9:00-4:00 Monday thru Saturday. Camp CB counselors will accompany 5-14 year olds on all activities. Optional activities through Camp CB include zip-line, rafting and mountain biking.

***** Campers should bring hiking shoes, water bottle, sunglasses, sunscreen, and fleece jacket for all activities.**

Workshops at Camp CB/Whetstone Building (ages 7-12) 3:30-5:00 pm-Costs included in conference registration
The afternoon Kids' Workshops are run by parents/ volunteers assisted by Board Members. When registering your child you are indicating that you will volunteer for one workshop.

Nightly Activities Paid by Conference

Costs included in conference registration

Camp CB hosts the evening activities for 2 month olds to 12 years. Children are divided by age with each group and have their own activities. Schedule available at conference registration.

Kids/Preteen Schedule

Monday, July 24

*9:00 am-3:30 pm

- Camp CB/Whetstone Building and Nursery

2:00 pm-3:00 pm

- Parent/Child Orientation Group Photo

NO WORKSHOP

3:00 pm-5:15 pm

- Camp CB/Whetstone Building

Childcare provided by Conference Today

7:30 pm-10:30 pm

- Nightly Activities at Camp CB/Whetstone Bldg

Tuesday, July 25

*8:30 am-3:30 pm

- Zip-Line for kids age 7 - 12 yrs

*9:00 am-3:30 pm

- Camp CB/Whetstone Building and Nursery

3:30 pm-5:00 pm

- Workshop at Camp CB/Whetstone Building

7:30 pm-10:30 pm

- Nightly Activities at Camp CB/Whetstone Building

Wednesday, July 26

*9:00 am-3:30 pm

- Mountain Biking, Camp CB/Whetstone Building & Nursery

3:30 pm-5:00 pm

- Workshop at Camp CB/Whetstone Building

7:30 pm-10:30 pm

- Nightly Activities at Camp CB/Whetstone Bldg

Kids/Preteen Schedule (continued)

Thursday, July 27

- *8:30 am-3:30 pm • Float Trip (7 - 12 yrs)
- *9:00 am-3:30 pm • Camp CB and Nursery
3:30 pm-5:00 pm
 - Workshop at Camp CB/Whetstone Building
- 7:30 pm-10:30 pm
 - Nightly Activities at Camp CB/Whetstone Bldg

Friday, July 28

- *9:00 am-3:30 pm
 - Mountain Biking, Camp CB and Nursery
- 3:30 pm-5:00 pm
 - Workshop at Camp CB/Whetstone Building
- 7:30 pm-10:30 pm
 - Nightly Activities at Camp CB/Whetstone Bldg

*** Indicates Fees in addition to
Conference registration.**

To make a reservation, or for more information please
call Camp CB at (970) 349-4185

ALATEEN SCHEDULE

(13 through 19 years old)

NOTE: Parent/guardian must sign Conference Permission forms for teen to participate in any activity and must be registered at the conference.

SUNDAY, JULY 23

- 9:30-10:30 pm
 - Alateen Meet and Greet - Plaza Conference Room

MONDAY, JULY 24

- 9:30-11:00 am
 - Pick up Registration Packet and Activities Sign-up
Ballroom/Mountaineer Conference Center
- 3:30-5:00 pm
 - Alateen Workshop - Plaza Conference Room
GROUP PHOTO! (Meet at 3:15)
- 10:00-11:00 pm
 - Night Owl Meeting - Plaza Conference Room

TUESDAY, JULY 25

- 8:15 am • White Water Rafting*
(Meet 30 minutes earlier at designated location.)
Sign up on Monday at Activities Sign-up
- 3:30-5:00 pm
 - Alateen Workshop - Plaza Conference Room
- 10:00-11:00 pm
 - Night Owl Meeting - Plaza Conference Rm

WEDNESDAY, JULY 26

- 9:30-Noon • High Meadow Meeting
Meet at Silver Queen Ski Lift at 9:00 a.m.
Topic: "God as I Understand Him"
Sign up on Monday at Activities Sign-up
(Teens on own after meeting)
- 3:30-5:00 pm
 - Alateen Workshop - Plaza Conference Room
- 8:00-9:45 pm
 - Alateen & Al-Anon Speaker Meeting
Alateen Greeters (Green Shirts)
Ballroom/Mountaineer Conference Center
- 10:00-11:00 pm
 - Night Owl Meeting - Plaza Conference Center

THURSDAY, JULY 27

10:00 am (Meet 30 minutes earlier at designated location)

- Canopy Zip Line Tour*

Space Limited-Sign up on Monday

5:15-6:45 pm • Alateen Gratitude Meeting (family invited)

Plaza Conference Center - Food Provided

9:45-11:00 pm • Alateen Pizza Party

Plaza Conference Center

FRIDAY, JULY 28

9 am • Butte Scoot - See page 13 for details

10:00 am (Meet 30 minutes earlier at designated location)

- Canopy Zip Line Tour*

Space Limited-Sign up on Monday

5:30-6:15 pm • Alateen Open Speaker Meeting

Plaza Conference Center

Open to All Conference Attendees!

8:00-9:30 pm • AA Speaker Meeting

Alateen Greeters (Green Shirts)

Ballroom/Mountaineer Conference Center

10:00-11:00 pm

- Night Owl Meeting - Plaza Conference Center

*INDICATES FEES IN ADDITION TO
CONFERENCE REGISTRATION

NATURE WALKS AND HIKES

(Bring drinking water for all hikes.)

MONDAY - Westside Trail (moderate 2.5 hrs)

Leaders: Kay P-C, Lori H. & Kathy C. **REQUIRES LIFT TICKET**

-Buy at Activity Sign-up or store in Mountaineer Square.

Meet at Red Lady Lift at 12:30 pm sharp. Ride lift to top and hike back to base area via West Side Trail.

MON. & TUES.-Wildflower Hike (3-4 hrs)

Leader: Dave E. Departs Noon from Grand Lodge. The hike is a loop on Crested Butte Mountain. Dave will identify flowers. The casual pace allows time to learn about the interesting aspects of the local flora.

TUESDAY - Upper Loop to Crested Butte (long)

Leader: Frances R. Depart at 9 am from bus stop by the Mountaineer. Hike ends in town, no charge.

TUES & WED - High Meadow on Mountain (moderate)

Leaders: Judy M. & Zach H. Depart from Silver Queen Lift 9:30 am. **REQUIRES LIFT TICKET** -Buy at Activity Sign-up or store in Mountaineer Square. Approx. 2 mile hike from top of lift, steep grade. Climb to peak optional; Meeting held off the main trail.

WEDNESDAY - Oh Be Joyful Falls (moderate)

Leader: Kathy C. & Lori H. Depart at 9 am from parking lot behind Grand Lodge Hotel, return by 1:30 pm. Approx. 2.5 mile hike with some grade. Bus fee \$15 - Limit 20.

THURSDAY - Splains Gulch / Lily Lake (intermediate)

4.5 mile hike. Guides: Kay P.C. and Zach H. A moderate hike, but not strenuous. Depart at 8:30 am from parking lot behind Grand Lodge Hotel. Return at 3:00 pm via shuttle (Fee \$20). Bring own water, food, sunscreen and proper hiking equipment. Limit to 40 person group.

ACTIVITIES

(Register for these on Monday in the Ballroom of the Mountaineer Conference Center)

4-WHEEL DRIVE

Enjoy a scenic view of mountains, valleys, and rivers. Tours take about 4 hours. Transportation is furnished by the vendor. Two rides daily, departing at 8:30 am and 1 pm. Meet behind Chamber of Commerce in the public parking lot of CB. Adults \$50 each. Ages 12 and younger \$35 each. Call Alpine Express at (970) 641-5074.

FLOAT TRIPS

Scenic class II float trips down the Lower Taylor River. Six-mile float trip from Almont takes 3.5 hours. Fee includes round trip transportation departing Tuesday, Wednesday, and Thursday from the parking lot behind the Grand Lodge Hotel in Mt. Crested Butte at 8:15 am and 12:15 pm. Call Three Rivers Resort in Almont (970-641-1303). \$50 fee for all ages. Each participant must weigh at least 30 pounds.

GUIDED FISHING TRIPS

The guides from Willowfly Anglers at Three Rivers Resort offer their expertise for fly fishing trips (wade or float) and lure fishing trips from a raft. Fish the Gunnison, Taylor or other high mountain streams. Trips depart from Three Rivers Resort in Almont. Call for times and rates. Lure fishing starts at \$200 and fly fishing starts at \$275.

WHITE WATER RAFTING

Exciting, class III white water trip on the Upper Taylor River! Trip takes approximately 3.5 hours. Departs twice daily from the parking lot behind the Grand Lodge Hotel in Mt. Crested Butte at 8:15 am and 12:15 pm. Call Three Rivers Resort in Almont (970-641-1303). \$60 per person includes transportation, wet-suit, booties, paddle and jacket. Rafters must be at least 12 years old.

WHITE WATER KAYAKING

White water kayaking on inflatable kayaks (all gear included)! Trips take approximately 2.5 hours on easy, class II to class III rapids. Call Three Rivers Resort in Almont at (970) 641-1303. You must provide your own transportation to Almont. Fees start at \$65 per person.

HORSEBACK RIDES

Rides are provided by Fantasy Ranch. One & One-half hour rides start at 9:00 am, 11:30 am, and 2:00 pm - \$60. Three-hour rides start at 9 am - \$100 (no lunch provided; no smoking on ride).

YOGA

Yoga for all levels at one of the most beautiful studios in the Colorado mountains. Yoga for the Peaceful, a green, grassroots community studio, offers a diverse range of yoga, including vinyasa, Prana Flow and yoga basics. Classes range from 1 hour to 1-1/2 hours. Drop-in price is \$18 for 1 class, \$50 for 3 classes, and \$75 for 5 classes (includes mat). Book a class online at yogaforthpeaceful.com or arrive 10 minutes before class.

CANOPY ZIP LINE TOUR

Navigate through a series of adventure features, including a suspended plank bridge, a 40 ft. climbing net, and a belay device that lets you leap from the final tower and be lowered gently to the ground. \$50 per person.

SCENIC CHAIRLIFT RIDES

The Red Lady Express and the Silver Queen High Speed Quad Chairlift operates Tuesday through Saturday, 9:30 am to 2:30 pm. No bikes may uplift on the Silver Queen. The Red Lady Express Quad Chairlift accommodates bikes. Buy lift ticket at Activity Sign-up or at store in Mountaineer Square (show badge to get conference discount). Single adult rides cost \$18, \$15 kids aged 7 to 17. Kids 6 and younger ride free with a paying adult (one free ticket per paying adult).

TOURNAMENTS

TUESDAY

BILL WILSON OPEN GOLF TOURNAMENT

8:00 am first tee time at the Dos Rios Golf Club, Gunnison. Sign up Monday at conference registration. \$80 covers greens' fee, cart, lunch and prizes.

WEDNESDAY

WILSON CUP TENNIS TOURNAMENT

9:00 am start. Registration required at Conference-sponsored event sign-up on Monday. \$20 entry fee includes tennis balls, water, and soft drinks court side. Box lunch provided after finals.

THURSDAY

DR. BOB'S ANNUAL FISHING TOURNAMENT

Car pool at 7 am from the lot behind the Grand Lodge Hotel. Fishing starts at 8:00 am at Taylor Park Marina. Registration required at the Conference-sponsored events sign-up on Monday. Cost: \$45 for ages 15 and younger and \$55 for ages 16+. Entry fee includes the boat, one-day fishing license, bait, hot fishing tips, all fishing tackle and prizes.

FRIDAY

BUTTE SCOOT

A 5K Fun Run at 9:30 am on Slate River Road, located between town and Mt. Crested Butte. Walk to start line or depart from the parking lot behind the Grand Lodge Hotel & ride the shuttle to the start line. \$15/person entry fee includes t-shirt, refreshments, and prizes. Register at Activity Sign-Up on Monday morning at the Mountaineer Conference Center or at the starting line on Friday.

ANNUAL SOFTBALL CHAMPIONSHIP

The Texas Twelfth-Steppers vs. Silkworth Sox meet at 2 pm at Gothic Field (downtown Crested Butte). Bring softball mitts + spares. Shuttle to Gas Cafe / Teocalli Stop and walk to Gothic Field on corner of 6th and Gothic. Register on Monday morning at the Mountaineer Conference Center. Colorado softball rules will be used. FREE! Hat will be passed to cover cost of umpires.